



ADELAIDE

A vibrant, cultural city with an amazing lifestyle!

Adelaide's cosmopolitan lifestyle is a perfect combination of culture, sophistication, art, shopping, exceptional food and wine, and sunny weather, with hot summers and mild winters.

Considered as one of the top five most liveable cities in the world, it's not hard to understand why. Adelaide is a one square mile city set out in a grid with wide boulevards, surrounded by green parklands that adorn the city much like an emerald collier that invites respite amongst beautiful gardens and beneath majestic trees.

Adelaide is a city of great thinkers, innovators and creatives, but the real secret is in its friendly residents, vibrant festivals and great lifestyle.

Everything is in close proximity with pristine white sandy beaches to the west from North Haven down to Sellicks Beach; lush hills to the east dot the beautiful, quaint and historic townships.

Proudly known as Australia's best wine country, South Australians are spoiled for choice with rolling vineyards in the Barossa and Clare Valley to the north, and McLaren Vale to the south. The resulting amazing world-class wines are perfect to be enjoyed with sensational food at cellar doors and in the variety of restaurants, cafés, bars, and pubs that serve an eclectic choice of world cuisines.

Adelaide is a foodie city. Be sure to sample seafood and shellfish from some of the cleanest waters on the planet, tantalise your palate with locally made artisan cheeses, or indulge in chocolate made by some of the country's best chocolatiers.



Known as the Festival State, visitors and locals are not disappointed with a vast range of festivities on offer.

The Tour Down Under starts the season off in January, and if visiting in March, expect to be inspired by the Adelaide Festival of Arts, the Adelaide Fringe, WOMAD Dance and Music Festival, Clipsal 500 V8 supercar motor racing event, the delightfulness of the Garden of Unearthly Delights, the internationally famous Writer's Week, and the Greek cultural festival aptly named Festival Hellenika.

Tasting Australia, in all its mouth watering glory, takes place in May, followed by the smooth and sophisticated sounds of the Adelaide Cabaret Festival in June. August celebrates both the Guitar Festival and SALA (SA Living Artists) followed by the Adelaide Fashion Festival in October. By November the majestic purple flowers of the Jacaranda trees signal that Christmas is approaching.

ADELAIDE HIGHLIGHTS

Adelaide Oval is arguably one of the most picturesque cricket and football grounds in the world. The newly constructed pedestrian bridge, featuring white glass cladding and lighting, links the oval with the Dunstan Playhouse over the River Torrens.

Take in the sights of Elder Park Rotunda, the magnificent St Peters Cathedral, the Festival Theatre where there's always a show to catch, or take a scenic cruise down the River Torrens taking in wonderful views of this picturesque cosmopolitan city.

NORTH TERRACE

North Terrace is home to some of the most important buildings such as the Adelaide Railway Station, Parliament House, Government House, Migration Museum, State Library, South Australian Museum, Art Gallery of South Australia, Bonython Hall, Adelaide University, University of South Australia, and historic Ayer's House.

A walk along this boulevard is a must to truly take in the unique and beautiful buildings and garden beds, and to admire the different hues of sandstone buildings radiating warmth and elegance against mostly clear skies.

EAST END

Relax nearby with a leisurely walk through the picturesque Botanic Gardens and stroll along East Terrace, home to what was the historic East End Markets. Meander through Ebenezer Place, a leafy paved laneway that is closed to traffic and dotted with trendy bars, cafés and boutiques.

Here you will find an assortment of food experiences with *Nano Café* for well priced good food, *Hey Jupiter* for coffee and delicious food all served up with great service in a French inspired café, and the *Belgian Beer Café* serving Belgian food and wine, that can be enjoyed indoors or in the shady beer garden.

Just around the corner on Vardon Avenue are the *East End Cellars* and tasting room, where South Australian and international wines are showcased. Order from the extensive selection of cured meats and cheeses, as we all know that wine is best enjoyed with food!

Rundle Street is sophisticated and edgy. Indulge in high-end fashion, sassy street-wear, watch a movie, or visit the cool, chilled-out pubs and wine bars on this thriving East End strip.

Dine indoors or alfresco and enjoy the amazing food scene. For lovers of traditional Greek cuisine you can't go past *Eros Kafe*, and there's an assortment of Asian eateries, Italian restaurants and cafés, pubs, gelaterias and late night bars.





RUNDLE MALL

Visit Rundle Mall to experience this vibrant shopping precinct, and explore the historic Adelaide Arcade and Gay's Arcade, and be sure to pop into *Haigh's Chocolates*, a South Australian icon for a special treat or two. Stroll through Regent Arcade for a spot of shopping at the many eclectic boutiques and shops. There is something for everyone in the Mall including fast-food courts for busy shoppers and workers, casual wear and high fashion, department store shopping, and a visit to the historic *Bee Hive Corner* is a must!

MARKETS

The Adelaide Central Market, established in 1869, is the food mecca for multicultural cuisine and fresh produce with a huge range of fruit and vegetables, poultry, seafood, cheeses, smallgoods, bakery items, sweets, nuts, and flowers.

It is one of the largest undercover markets in the Southern Hemisphere, and continues to be a truly thriving hub of food and culture.

There are many cafés and eateries to sit, indulge, restore and take in the atmosphere. Try *Lucia's Fine Foods*, which is famous for great seasonal food using traditional recipes and methods, with no nasty additives or preservatives. You'll taste the difference!

Market Shed on Holland Street is a Sunday market located in the city's south, serving an assortment of mouth-watering savoury and sweet foods with an emphasis on vegan, vegetarian, organic, and gluten free. There's a wonderful choice of seasonal fresh fruit and vegetables, artisan bakery items, flowers and herbs, and much more. An impressive variety of stall holders sell freshly made food that can be enjoyed in the undercover food court or in the courtyard. Live music adds to the already vibrant atmosphere.

WEST END

The West End is where the bustling late nightlife happens. Morphett Street is home to the *JamFactory* where you're sure to admire and acquire something special from the extensive range of handcrafted ceramics, glassware, jewellery and other collectables.

Enjoy the laneways of Peel Street and Leigh Street with traffic-free alfresco dining and fashionable new bars. This precinct has been transformed with beautifully restored buildings, elegant lamp posts, paved walkways, trees and planter boxes. The dining choice is simply amazing with *Rigonis*, *Cos*, and Peel Street's vibrant and vibrant bars and cafés.

Just around the corner in Hindley Street you'll find *Apothecary 1878*, with its antique pharmacy cabinet that is not only the centrepiece of its décor but is the inspiration for the name of this classy bar, with marble tables and velvet lounges. It's a truly European-style wine bar experience.

NORTH ADELAIDE

North Adelaide is home to a choice of upmarket restaurants serving a variety of international flavours, quick and easy fast food, hair and beauty, designer fashion and homewares. North Adelaide Village is a great place to pick up some essentials, see some art, or shop for fashion.

The architecture is impressive with beautiful and grand private homes and gardens – some of which are heritage listed – stately buildings, and historic pubs. It's worth taking a walk to soak up the grandeur of North Adelaide.

A golf course nestled in the Northern Park Lands is where your breath will be taken away with amazing views of the city as you make your way to the 19th hole!

The Lion Hotel on Melbourne Street serves modern Australian cuisine with daily specials and live music in the evening. Enjoy relaxed dining inside, alfresco dining beneath the veranda, or formal dining in the restaurant. It's a great place to sit, relax, work or socialise.



Enjoy the taste sensation that is *Gin Long Canteen*, amazing Asian flavours artfully put together for a memorable experience. *Beyond India* is known for its creative and authentic Indian cuisine, or dine at *Regent Thai* for an enticing culinary journey.

NORWOOD PARADE

Soak up the vibrant atmosphere of Norwood Parade with its famous European influence and alfresco dining. The Parade is known for high quality fashion and accessories, and cutting-edge hair and beauty. Catch a game of local footy or go to see the latest film.

Dining is a remarkable experience with mouth-watering French pastries and tarts; rustic country fare at *La Madeleine*; gourmet burgers, vegan food and raw options at *Argo*; trendy pubs and bars, and a variety of ice-cream parlours and late-night dessert bars.

Café Bravo and *Café Buongiorno* are two of the buzzing Italian cafés that open early and close late, offering great coffee and food choices in truly European settings. High-end Italian restaurants such as the *European*, *Martini*, and *Gusto* serve traditional Italian food, and *Paul's on the Parade* is an iconic seafood restaurant serving only Australian seafood.

KING WILLIAM ROAD – HYDE PARK

The atmosphere of King William Road at Hyde Park is eclectic. It's where high fashion meets trendy with men and women's designer fashion and accessories, couture bridal boutiques, homewares, restaurants and cafés, spa treatments, hair and beauty, gift and flower shops, and jewellery can be found.

With lots of places to sip your favourite brew, King William Road is also home to some popular eateries. *Parisi's Restaurant* specialises in European and Italian food, *Melt* tempts with tapas and pizza, *Assagio* offers sublime Italian food. For late-night desserts and supper *Spats Coffee House* is sure to please.

HENLEY BEACH

Henley Beach is just twenty minutes from the city and boasts sandy white beaches, clear blue waters, and spectacular sunsets. Henley Square has been transformed into a vibrant meeting place surrounded by restaurants and cafés, water features, lawn area for picnics and a new promenade.

Feast on the best fish and chips in South Australia at the three times award winning *Stunned Mullet*. The owners source freshly caught seafood at the local market daily, prepared the way you like it and served with fat chips cooked to perfection. Tell them I sent you!

Fine dining can be enjoyed at *Thai Orchid* where you can watch the sun set at *Bacchus Wine Bar* serving global dishes either inside or on an ocean-view terrace, or enjoy the flavours of Greek mezeds at *Estia*.

I hope that you've enjoyed a tour through my Adelaide!

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Images supplied courtesy of the South Australian Tourism Commission.

